

CONSIDERATIONS FOR SUPERVISED VISITATION

Birth to Two Years

- From **birth to approximately six months** visitation is best limited to approximately **one hour** and be repeated **several times per week**.
- From about **six to twelve months** the parenting time/visitation periods should remain frequent and consistent (two to three times per week), and depending upon the child's temperament, may **increase in length** by ½ hour increments.
- From **twelve to eighteen months up to twenty four months** visits may gradually increase up to **two hours**. A child will react more positively to visits if the visitation is scheduled around the child's daily routine, when the child is rested and fed. The custodial parent should provide comfort items like familiar blanket, toys and food that the visiting parent could feed the child during the visit.

Two to Three Years

- From ages two to approximately three years, the amount of time spent in supervised settings may be increased from **two to three hours**, but ideally should continue to occur **several times per week**; however cost of professional supervision may be prohibitive.

Three to Five Years

- Visitation for a child in this age group may be increased in amount of time spent with the parent, and if necessary, decreased in frequency. Visitation periods of **two hours, twice a week are reasonable**.

Five to Nine Years

- For children this age a regular routine is important. They can tolerate **two to three hour visits**, two times per week.

Ten to Fifteen Years

- The frequency of visitation may decrease for children this age.
- Recommended visitation is **at least once per week, with duration of three to four hours** if possible.

Sixteen to Eighteen Years

- Rarely do we see children ordered to have supervised parenting time in this age range.
- Negotiating parenting time with another family member, such as an aunt or grandparent, supervising the parenting time may be possible instead.
- Telephone contact is recommended when the children have activities that preclude visitations.