
Bridging Two Homes

Co-Parent Coaching

What is *Bridging Two Homes*?

- ✓ Co-parent coaching
- ✓ Co-parents will receive tools to learn healthy co-parenting skills while receiving therapeutic intervention
- ✓ Coaching may provide assistance with alternative case resolution

Why should co-parents participate?

- ✓ **Minimize and reduce co-parent conflict that negatively impacts child/ren**
- ✓ Redefine co-parenting by providing long-term strategies
- ✓ Create new co-parent partnerships
- ✓ Receive a variety of tools to use in the future
- ✓ Create and use different strategies to work with one another
- ✓ Develop self-reflection, discuss practical new tools, and practice new skills

Details:

Cost: \$360 per parent, plus \$25 for materials

Time: Up to 10 sessions, 1 hour per session

* May not be appropriate for parents with dynamics related to domestic violence and/or have a current Protection or No Contact Order

For more information, please call:

Family Court Services
208.454.7269



For questions, please contact:
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